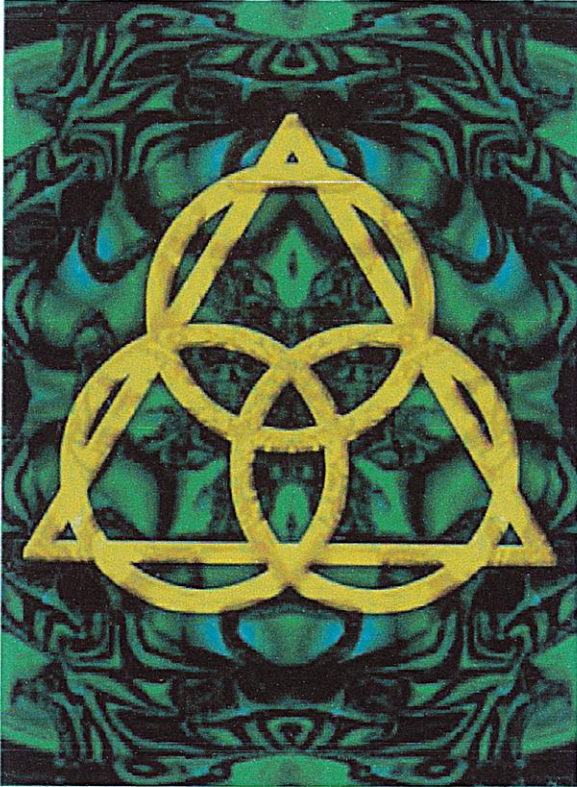


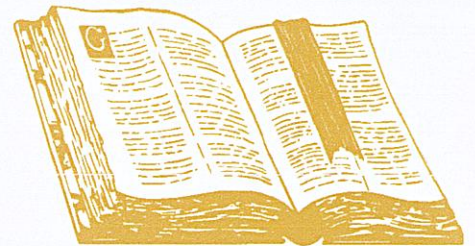
# Our Faith on Sunday

## GOSPEL REFLECTION

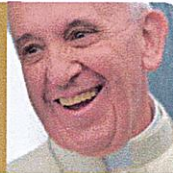


This Sunday we celebrate the solemnity of the Most Holy Trinity. As Christians we believe that God is one in nature and three in persons. Because God's nature is "love" – for in the First Letter of John we read "God is love" (1 Jn 4:8) – it makes sense (divine sense) that God is a communion of persons. Love requires relationship and we too who are made in the "image and likeness" of God can only fulfil ourselves through relationships. In fact, the whole of creation is founded on relationships. How could water exist without a relationship between hydrogen and oxygen? The drama of our human existence is that I can refuse to engage with others in a relationship of love. I can live a self-centred existence where instead of loving the other I ignore the

other, or use the other, or tragically like Cain I can even murder the other. When the Father sent the Son into the world to "save" us it was to save us from the self-destruction that comes from the failure to love. We are saved by the gift of the Holy Spirit through whom the love of God has been poured into our hearts. This Sunday let us take to heart the words of St. Elisabeth of the Trinity: "O my God, Trinity whom I adore, help me to forget myself entirely that I may be established in You as still and as peaceful as if my soul were already in eternity. May nothing trouble my peace or make me leave You, O my Unchanging One, but may each minute carry me further into the depths of Your Mystery".



### POPE FRANCIS' ENCYCLICAL FRATELLI TUTTI BROTHERS AND SISTERS ALL



#### AN APPEAL

285 (Continued). "In the name of orphans, widows, refugees and those exiled from their homes and their countries; in the name of all victims of wars, persecution and injustice; in the name of the weak, those who live in fear, prisoners of war and those tortured in any part of the world, without distinction;

"In the name of peoples who have lost their security, peace and the possibility of living together, becoming victims of destruction, calamity and war;

"In the name of human fraternity, that embraces all human beings, unites them and renders them equal;

"In the name of this fraternity torn apart by policies of extremism and division, by systems of unrestrained profit or by hateful ideological tendencies that manipulate the actions and the future of men and women;

"In the name of freedom, that God has given to all human beings, creating them free and setting them apart by this gift;

"In the name of justice and mercy, the foundations of prosperity and the cornerstone of faith;

"In the name of all persons of goodwill present in every part of the world;

"In the name of God and of everything stated thus far, [we] declare the adoption of a culture of dialogue as the path; mutual cooperation as the code of conduct; reciprocal understanding as the method and standard".<sup>285</sup>

285. Ibid.

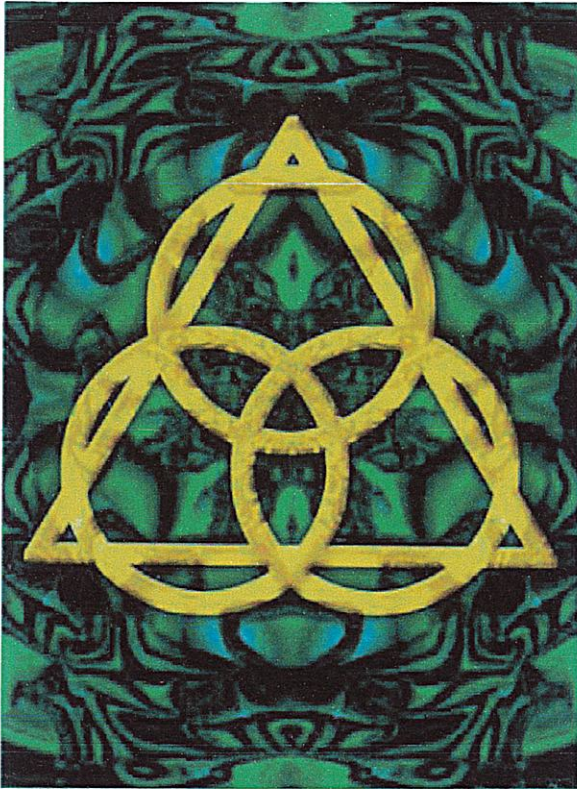
### A letter of St. Athanasius

Writing to the Corinthians about spiritual matters, Paul traces all reality back to one God, the Father, saying: Now there are varieties of gifts, but the same Spirit; and there are varieties of service but the same Lord; and there are varieties of working, but it is the same God who inspires them all in everyone. Even the gifts that the Spirit dispenses to individuals are given by the Father through the Word. For all that belongs to the Father belongs also to the Son, and so the graces given by the Son in the Spirit are true gifts of the Father. Similarly, when the Spirit dwells in us, the Word who bestows the Spirit is in us too, and the Father is present in the Word. This is the meaning of the text: My Father and I will come to him and make our home with him. For where the light is, there also is the radiance; and where the radiance is, there too are its power and its resplendent grace.



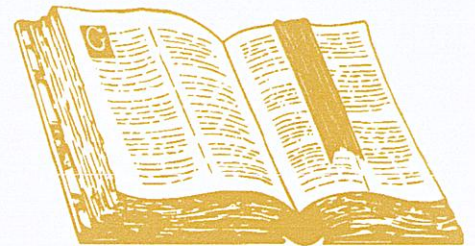
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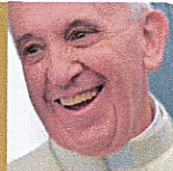


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**ENTRANCE ANTIPHON**

**Blest be God the Father,  
and the Only Begotten Son of God,  
and also the Holy Spirit,  
for he has shown us his merciful love.**

**COLLECT**

God our Father, who by sending into the world  
the Word of truth and the Spirit of sanctification  
made known to the human race your wondrous mystery,  
grant us, we pray, that in professing the true faith,  
we may acknowledge the Trinity of eternal glory  
and adore your Unity, powerful in majesty.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever.  
**Amen.**

**FIRST READING**

A reading from the Book of Exodus. Exodus 34:4b-6, 8-9

In those days: Moses rose early in the morning and went  
up on Mount Sinai, as the LORD had commanded him, and  
took in his hand two tablets of stone. The LORD descended  
in the cloud and stood with him there, and proclaimed  
the name of the LORD. The LORD passed before him and  
proclaimed, 'The LORD, the LORD, a God merciful and  
gracious, slow to anger, and abounding in steadfast love  
and faithfulness.'

And Moses quickly bowed his head towards the earth and  
worshipped. And he said, 'If now I have found favour in  
your sight, O Lord, please let the Lord go in the midst of us,  
for it is a stiff-necked people, and pardon our iniquity and  
our sin, and take us for your inheritance.'

The word of the Lord.

**Thanks be to God.**

**PSALM**

Daniel 3:52. 53. 54. 55. 56. R.52b

**R. To be praised and highly exalted for ever!**

Blessed are you, O Lord, the God of our ancestors.

Blessed is your glorious and holy name,

Blessed are you in the temple of your holy glory

Blessed are you on the throne of your kingdom,

Blessed are you who look into the depths, seated upon the  
cherubim,

Blessed are you in the firmament of heaven.

**SECOND READING**

A reading from the Second Letter of Saint Paul to the  
Corinthians. 2 Corinthians 13:11-14

Brothers and sisters: Rejoice. Aim for restoration, comfort one  
another, agree with one another, live in peace; and the God  
of love and peace will be with you. Greet one another with a  
holy kiss. All the saints greet you. The grace of the Lord Jesus  
Christ and the love of God and the fellowship of the Holy Spirit  
be with you all.

The word of the Lord.

**Thanks be to God.**

**ACCLAMATION BEFORE THE GOSPEL**

**Alleluia, alleluia.** Cf. Revelation 1:8  
**Glory be to the Father, and to the Son, and to the Holy Spirit,  
the God who is and who was and who is to come.**  
**Alleluia.**

**GOSPEL**

John 3:16-18

The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel according to John.

**Glory to you, O Lord.**

For God so loved the world, that he gave his only begotten  
Son, that whoever believes in him should not perish  
but have eternal life. For God did not send his Son into  
the world to condemn the world, but in order that the  
world might be saved through him. Whoever believes in  
him is not condemned, but whoever does not believe is  
condemned already, because he has not believed in the  
name of the only begotten Son of God.

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**PRAYER OVER THE OFFERINGS**

Sanctify by the invocation of your name,  
we pray, O Lord our God,  
this oblation of our service,  
and by it make of us an eternal offering to you.  
Through Christ our Lord.

**Amen.**

**R. COMMUNION ANTIPHON**

Gal 4: 6

**Since you are children of God,  
R. God has sent into your hearts the Spirit of his Son,  
R. the Spirit who cries out: Abba, Father.**

**R. PRAYER AFTER COMMUNION**

May receiving this Sacrament, O Lord our God,  
bring us health of body and soul,  
R. as we confess your eternal holy Trinity and undivided Unity.  
Through Christ our Lord.

**R. Amen.**